



Frequently Asked Questions

What is the terrain like?

Spectacularly scenic! The longer the route you choose, the hillier the terrain. Each of the route maps on our website indicate the total elevation gain. Regardless of the route you choose, training is strongly encouraged. Remember that no matter which route you choose, it's a ride, not a race, so take the time to enjoy the scenery as you ride!

How much of the money will go to the Connecticut Veterans Legal Center?

We work very hard to keep production expenses as low as possible by soliciting sponsorships, donations and discounts for supplies. We are grateful to our sponsors who have helped offset these costs. Ultimately, the amount of money, and the percent return, depends upon how many people ride and how much each rider raises.

Is there a minimum age?

Yes. You must meet these minimum ages:

- 100-mile route: 16+
- 50-mile route: 14+
- 25-mile route: 12+
- 5K Family Friendly Run/Walk: All ages welcome

All participants under 18 must ride with a parent or guardian; no more than two minors per adult.

What is the fundraising requirement?

Each rider must raise at least \$200 to participate. This is in addition to the registration fee. Veterans receive a complimentary registration fee and are not required to fundraise. If you are a veteran, please contact Emilie to register.